

# CIRCULATE

soothing blend

10ml

**HBN**naturals  
PRODUCT INFORMATION PAGE



## application

Aromatic • Bath • Topical

## safety group #3

## ingredients

Cupressus sempervirens (Cypress), Gardenia taitensis (Monoi), Pelargonium graveolens (Rose Geranium), Santalum album (Sandalwood), Rosa damascena (Rose), Pogostemon cablin (Patchouli), Cananga odorata (Ylang Ylang Complete), Simmondsia chinensis (Jojoba), Cocos nucifera (Fractionated Coconut Oil)

## ingredient highlights

- Cypress: A hemostat and a decongestant, Cypress essential oil is considered one of the most powerful astringent actions in aromatherapy. Its properties act to strengthen and tone the circulatory and nervous systems and relieve circulatory and lymphatic congestion.
- Sandalwood: Sandalwood's use in the treatment of skin problems is legendary. It is an excellent moisturizer and nourishes all skin types. Its astringent, anti-inflammatory, antiseptic, and pain-relieving properties have been used in healing wounds, scars, and acne.
- Monoi: Traditionally used in Polynesian medicine to tackle a variety of ailments, Monoi contains high levels of methyl salicylate and lauric acid, ingredients known for their soothing and anti-inflammatory properties.

## product summary

Circulate is formulated with oils that target the cardiovascular and circulatory systems. It is particularly powerful as an aid for varicose veins, cellulite, cystitis, and all things 'circulatory' due to its tonifying, regulating, detoxifying, and decongesting properties.

*"A circulatory system that functions less than optimally may cause a selection of problems, and with this in mind, we developed our Circulate Blend."*

~ Alexandria Brighton

## USES

- Add 8-10 drops to bath salts and mix into warm bath water and soak after body work, exercise or sports workouts.
- For topical use on large areas add 10-12 drops to 1 tablespoon of carrier oil and massage into targeted areas using a clockwise motion.
- Gently massage 5-6 drops neat (undiluted) along the spine. Apply a warm compress for 10 to 30 minutes.
- 1 to 2 drops on a tissue or cotton ball, or apply to the wrist and inhale deeply as needed.
- Diffuse 10-12 drops in 15 minute increments throughout the day.

## responsible cautions

- Non-toxic, non-irritant, non-sensitizing.
- Keep out of reach of children and pets.
- If you are pregnant, nursing, or under a doctor's care, consult your healthcare provider prior to use.
- Store away from sunlight, at room temperature, with the lid securely tightened.

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