

EUCALYPTUS RADIATA

eucalyptus radiata

10ml

*HB*Naturals
PRODUCT INFORMATION PAGE



application

Aromatic • Bath • Topical

properties

Organic

Producing Organ: Leaves

Extraction: Steam Distillation

Country of Origin: Australia

Safety Group: #1

Main Chemical Constituents: eucalyptol, alpha-terpineol

Therapeutic Properties: Antiseptic, antispasmodic, antiviral, balsamic, cicatrizant, decongestant, deodorant, depurative, diuretic, expectorant, febrifuge, hypoglycemic, parasiticide, prophylactic, rubefacient, stimulant, vermifuge, vulnerary [Julia Lawless, *The Illustrated Encyclopedia of Essential Oils* (Rockport, MA: Element Books, 1995), 141.]

responsible cautions

- Non-toxic, non-irritant, non-sensitizing, with no known contraindications.
- Keep out of reach of children and pets.
- If you are pregnant, nursing, or under a doctor's care, consult your healthcare provider prior to use.
- Store away from sunlight, at room temperature, with the lid securely tightened.

The information in this document has not been evaluated by the FDA and is not intended to treat, diagnose, cure, or prevent any disease. This information is not intended as a substitute for the advice or medical care of a qualified healthcare professional and you should seek the advice of your healthcare professional before undertaking any dietary or lifestyle changes. This information is provided for educational purposes only.

product summary

Eucalyptus Radiata is primarily an essential oil for the respiratory system as it has good anticatarrhal properties. It is a powerful expectorant and mucolytic with good ability for fluidification. Eucalyptus Radiata has long lasting effects and is particularly indicated for children.*

Eucalyptus Radiata has good infection-fighting properties for both acute and chronic respiratory infections, and is effective for the flu. Its high content of 1,8 cineole makes it a good choice for diffusion into a room when someone has a respiratory infection.*

Eucalyptus Radiata is also a cooling essential oil due to its high concentration of 1,8 cineole. This gives it the ability to control a fever.*

Eucalyptus Radiata is a strong antiseptic, yet it is non-toxic. A good anti-viral and an energizer to the body, it can be very effective in cases of chronic fatigue and immune deficiency.*

uses

- Make a chest rub with Eucalyptus Radiata, Tea Tree, and Lavender. Put 5 drops of each into 1 ounce of Grape Seed Oil and massage over the lung area. If there is also ear congestion you can massage a small amount around the ear. (Do not drop essential oils directly into the ear.)*
- Eucalyptus Radiata blends well with Tea Tree and the two can be diffused together in a child's room when they are congested and can't sleep. Diffuse for 15 minutes, repeating every 2 to 3 hours.*
- Mix 10 to 12 drops in warm water for a soothing, cooling bath to relieve aching muscles.*
- Use Eucalyptus Radiata neat on the tips of the toes (sinus reflex points) and on the pad of the foot (lung reflex points); one drop on each foot for small children, 2 drops for older children and 3 to 4 drops for adults.*
- Apply 10-15 drops on the absorbent inner core of a nasal inhaler, cap the bottom, and inhale as needed.*