# HepaDetox detoxification blend



HepaDetox is a potent essential oil blend that supports liver detoxification, regeneration, and overall health. Featuring Carrot Seed, Peppermint, Lemon, and Rosehip Seed oils, it helps the liver process and eliminate toxins from food, alcohol, drugs, and the environment. Over time, toxin buildup can slow liver function, impacting overall wellness. HepaDetox promotes cell repair, enhances natural detox pathways, and restores balance. Best used after the acute phase of illness, it helps the liver rebuild and strengthen for optimal health.\*

# DIRECTIONS

- **Topical Use**: Rub 1 to 2 drops neat (undiluted) on the liver reflex area of the right foot. Massage in thoroughly.\*
- **Topical Use**: Apply 1 to 2 drops, neat (undiluted), to the skin directly over the liver area. Massage in thoroughly.\*
- Internal Use: Add 2 to 3 drops to the juice of 1/2 to 1 whole organic lemon. Mix and drink.\*

## **MEDICINAL CONSTITUENTS**

- **Monoterpenes**: Naturally occurring compounds known for their cleansing, immune-boosting, and antioxidant properties. They help detoxify the body, support respiratory health, and promote cellular repair by neutralizing harmful free radicals. Monoterpenes also aid digestion, reduce inflammation, and enhance mood, making them a key component in natural wellness and healing.\*
- **Menthol**: A cooling compound found in peppermint and other mint oils, is known for its soothing, detoxifying, and antiinflammatory properties. It helps clear respiratory congestion, support digestion, and flush out toxins, promoting overall wellness. Menthol also aids in relieving muscle and joint discomfort, easing headaches, and enhancing mental clarity. With its refreshing and purifying effects, it supports circulation, lymphatic drainage, and natural detoxification, making it a powerful ally for cleansing and revitalization.\*
- Limonene: A powerful compound found in citrus peels, is known for its cleansing, detoxifying, and antioxidant properties. It helps flush out toxins, support liver function, and promote digestive health by stimulating the body's natural detox pathways. Limonene also boosts circulation, reduces inflammation, and strengthens immune function, making it a key component in natural detox and overall wellness.\*

#### Clinical studies for HepaDetox ingredients:

- https://pmc.ncbi.nlm.nih.gov/articles/PMC7582973/
- https://pmc.ncbi.nlm.nih.gov/articles/PMC10609285/
- https://pubmed.ncbi.nlm.nih.gov/31969098/
- https://pmc.ncbi.nlm.nih.gov/articles/PMC5814329/
- https://pmc.ncbi.nlm.nih.gov/articles/PMC5761127/
- https://pmc.ncbi.nlm.nih.gov/articles/PMC8348102/

## **INGREDIENTS**

Daucus carota (Carrot Seed), Mentha piperita (Peppermint), Citrus limon (Lemon), Rosa rubiginosa (Rosehip Seed)

## CAUTIONS

- Safety Group 3: Not for use by children under 10 years of age and pregnant or nursing women.
- Do not exceed recommended dosages.
- Non-toxic, non-irritant, non-sensitizing.
- If you are pregnant, nursing, or under a doctor's care, consult your healthcare provider prior to use.
- Dilution not required, but can be done with carrier oil if individual skin sensitivity occurs \*
  - Healthy individuals ages 10 and over: Dilute 60 drops per 1 ounce of carrier oil.\*
- Keep out of reach of children and pets.
- Store away from sunlight, at room temperature, with the lid securely tightened.\*

The information in this document has not been evaluated by the FDA and is not intended to treat, diagnose, cure, or prevent any disease. This information is not intended as a substitute for the advice or medical care of a qualified healthcare professional and you should seek the advice of your healthcare professional before undertaking any dietary or lifestyle changes. This information is provided for educational purposes only.

